

Weill Cornell Wilderness & Environmental Medicine Elective

Medical Background & Liability Form

General Health Questionnaire. Please answer all questions and leave no blanks. If you don't have a particular medical condition, please write "none" or "not applicable." Your answers will guide course physicians in assembling a medical kit appropriate for this trip. Your information will be kept in the strictest confidence. Please print legibly. Thank you.

Name:

Age:

Date of Birth:

Gender:

Allergies to:

1) Medications

2) Food

3) Environmental Allergens

Please describe the severity of each allergy. Have you ever sought emergency medical attention for any allergy? Were you ever hospitalized for an allergic reaction?

Current or Usual Medications:

1) Prescription

2) Over-the-counter

3) Herbal or naturopathic

Smoking, Alcohol, and Recreational Drug Use:

Medical History:

Surgical History:

Have you ever had a seizure? Please explain the frequency and type of such seizures.

Have you been diagnosed with hypoglycemia or diabetes mellitus?

Do you have a heart murmur? Which type?

Do you have asthma? How severe? Have you ever been to the hospital for asthma?

Have you ever fainted? How often? What were the circumstances?

Do you experience vertigo or fear of heights?

Do you have depression, anxiety, or any psychiatric condition?

Do you have anemia of any type? Hemoglobinopathy? Sickle-cell trait?

Do you experience especially heavy or painful menstrual periods?

The field component of this course involves physical challenges such as hiking with large backpacks over arid or mountainous terrain. Temperatures will be high during the day and much cooler at night. Do you have any physical or psychological condition that might prevent you from fully participating in the field component?

Please also describe any particular concerns or needs you may have regarding the field component. Thank you for completing this questionnaire.

Waiver of Liability. The course instructors strive to provide a safe, enjoyable learning experience. Nonetheless, any trip into wilderness involves unexpected or changing field conditions as well as risk of personal injury. By participating in the course, students acknowledge and accept the uncertainty and risk inherent in wilderness travel; and release course instructors and Cornell University from liability in unforeseen or accidental injury that may occur during the course.

Signature of Participant:

Date:

Additional Comments / Continuation of Answers: